Below are resources that may be able to assist you during Winter Storm Fern in the **Mid-Atlantic region** of the United States, which include state-specific information for **Delaware, District of Columbia, Maryland, North Carolina, and Virginia**. To access these websites, please click on the links. You may wish to contact these providers for additional information.

Winter Storm Preparedness and Recovery
https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/winter-storm.html
https://www.ready.gov/winter-weather
https://www.ready.gov/power-outages
https://www.nationwide.com/lc/resources/emergency-preparedness/articles/winter-weather
https://www.weather.gov/dlh/extremecold
https://www.weather.gov/safety/winter-ice-frost
https://www.cdc.gov/disasters/winter/index.html
https://www.alz.org/help-support/caregiving/safety/in-a-disaster
https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/winter-storm-resources
https://www.nctsn.org/resources/simple-activities-children-and-adolescents
https://www.nctsn.org/resources/help-kids-cope

National Weather Service
https://www.weather.gov

American Red Cross

- Local Chapter: To find your local Red Cross chapter, please visit https://www.redcross.org/find-your-local-chapter.html.
- Shelter: To locate any shelters that may be open in your area, please visit https://www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html
- Smartphone Apps: To access updates on the current emergency and information on safety during a disaster, download the apps from https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps.html

Federal Emergency Management Agency (FEMA)

500 C Street Southwest
Washington, DC 20472
800-621-FEMA (3362) https://www.fema.gov
If a disaster is declared in your area, please call to apply for assistance or visit https://www.disasterassistance.gov.

FEMA Text Message Program

- To locate an open emergency shelter, text SHELTER and a zip code to 43362 (4FEMA).
- To locate an open Disaster Recovery Center, text DRC and a zip code to 43362 (4FEMA).

Please note that standard message and data rates apply.

2-1-1/United Way
https://www.211.org/about-us/your-local-211
2-1-1 is an easy-to-remember phone number that connects callers to information and services in times of need. It is available 24 hours a day, seven days a week, even during disasters. Please call if you are seeking resources such as clothing, food, or programs for your family. You may also type in your zip code to locate your local 2-1-1 agency at the link above.

Feeding America (Local Food Bank Locator)
https://www.feedingamerica.org/find-your-local-foodbank

Local Salvation Army Locator
https://www.salvationarmyusa.org

SAMHSA Disaster Distress Helpline
Nationwide hotline: 800-985-5990
Text "TalkWithUs" to 66746
https://www.samhsa.gov/find-help/disaster-distress-helpline

Crisis Text Line
Text "HOME" to 741-741, chat online, or talk via WhatsApp.
https://www.crisistextline.org/

988 Suicide & Crisis Lifeline

Nationwide hotline: 800-273-8255
Call or text 988 or chat online.
https://988lifeline.org

Delaware

Delaware Power Outages Map
https://poweroutage.us/area/state/delaware

Road Closures
For information about road closures, you may dial 511 or obtain information online at https://deldot.gov/Traffic/travel_advisory/#advisories.

Delaware Emergency Management Agency
https://dema.delaware.gov
https://governor.delaware.gov/state-of-emergency
https://www.facebook.com/DelawareEMA
https://x.com/DelawareEMA

Delaware Association of Chiefs of Police
https://depolicechiefs.org

Delaware Health and Human Services

- Food Stamps
  https://dhss.delaware.gov/dss/foodstamps
- Low Income Energy Assistance
  https://dhss.delaware.gov/dss/liheap
- Temporary Assistance for Needy Families
  https://dhss.delaware.gov/dss/tanf

District of Columbia

D.C. Power Outages Map
https://poweroutage.us/area/state/district%20of%20columbia

Road Closures
https://www.fhwa.dot.gov/trafficinfo/dc.htm

Homeland Security and Emergency Management Agency

https://hsema.dc.gov
https://www.facebook.com/HSEMADC
https://www.facebook.com/HSEMADC

National Sheriffs' Association
https://www.sheriffs.org

District of Columbia Department of Human Services

- Supplemental Nutritional Assistance Program (SNAP)
  https://dhs.dc.gov/service/supplemental-nutrition-assistance-program-snap
- Low Income Energy Assistance (LIHEAP)
  https://doee.dc.gov/liheap
- Temporary Assistance for Needy Families (TANF)
  https://dhs.dc.gov/service/temporary-cash-assistance-needy-families-tanf

Maryland

Maryland Power Outages Map
https://poweroutage.us/area/state/maryland

Road Closures
For information about road closures, you may dial 511 or obtain information online at https://chart.maryland.gov.

Maryland Department of Emergency Management
https://mdem.maryland.gov/pages/home-12345.aspx
https://www.facebook.com/MDMEMA
https://www.facebook.com/MDMEMA

Maryland Sheriffs' Association
https://www.mdsheriffs.org

Maryland Department of Human Services

- SNAP (Supplemental Nutritional Assistance Program)
  https://dhs.maryland.gov/supplemental-nutrition-assistance-program
- Energy Assistance

- https://dhs.maryland.gov/office-of-home-energy-programs/how-do-you-apply
- Temporary Cash Assistance https://dhs.maryland.gov/weathering-tough-times/temporary-cash-assistance/

North Carolina

North Carolina Power Outages Map
https://poweroutage.us/area/state/north%20carolina

Road Closures
For information about road closures, you may dial 511 or obtain information online at https://drivenc.gov.

North Carolina Department of Public Safety
https://www.ncdps.gov/our-organization/emergency-management
https://www.readync.gov
https://www.facebook.com/NCEmergency
https://www.facebook.com/NCEmergency

North Carolina Sheriffs' Association
https://ncsheriffs.org

North Carolina Department of Health and Human Services

- Supplemental Nutrition Assistance Program (SNAP) https://www.ncdhhs.gov/divisions/child-and-family-well-being/food-and-nutrition-services-food-stamps/apply-food-and-nutrition-services-food-stamps
- Low Income Energy Assistance (LIEAP) https://www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap
- Work First Family Assistance https://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Virginia

Virginia Power Outages Map

https://poweroutage.us/area/state/virginia

Road Closures
For information about road closures, you may dial 511 or obtain information online at https://511.vdot.virginia.gov.

Virginia Department of Emergency Management
https://www.vaemergency.gov
https://www.facebook.com/VAemergency
https://x.com/vdem

Virginia Sheriffs' Association
https://vasheriff.org

Virginia Department of Social Services

- Supplemental Nutrition Assistance Program (SNAP)
  https://www.dss.virginia.gov/benefit/snap.cgi
- Energy Assistance (EA)
  https://www.dss.virginia.gov/benefit/ea
- Temporary Assistance for Needy Families (TANF)
  https://www.dss.virginia.gov/benefit/tanf